



TEACHING KITCHEN

Breast Cancer Awareness

Join us for a **FREE** community cooking class featuring lifestyle tips and delicious recipes that could help reduce your risk for breast cancer.

With a special guest speaker from
Winter Haven Hospital

DATE

Thursday,
October 4, 2018

TIME

5:30 PM - 7:00 PM

LOCATION

201 Magnolia Ave SW
Winter Haven | 33880

TOPICS

- Football Season Eating Tips
- Lifecycle Nutrition
- Breast Cancer Prevention
- Wear Your Favorite Football Jersey Night

Call **863.444.0492** for more details.

